

Gymsport Adult Open Gym Waiver

- Parent/guardian is responsible for making sure that minors understand these rules.
- We require all participants to prepay. Refunds can be given for hours paid for and not used (unless you are asked to leave).
- **No** drinks, gum, or food beyond the lobby.
- **No** outdoor shoes, belt buckles, jewelry or jeans beyond the lobby. **You will be restricted to certain equipment if you are wearing unsafe apparel.**
- Cheer shoes (that have been worn indoors ONLY) are permitted on the tumbling floors. No shoes are permitted on the deck.
- Please keep shirts on. Your stomach must be covered. Crop tops are not permitted.
- Keep language clean. **No profanity.**
- Share equipment and take your turn.
- One person at a time on any piece of equipment.
- Absolutely **NO** spotting other athletes.
- Equipment on the right side of the gym (competitive and preschool equipment) is off limits to participants who are not a member of our competitive team.
- **No** diving head first into the foam pits.
- **No** horseplay, chasing others or throwing of equipment.
- Only practice skills that you are capable of performing safely. Gymsport staff members have the right to ask you to stop any skill that looks unsafe. Gymsport provides classes and private lessons if you would like to learn new skills.
- **NO preschool equipment, especially Jungle Gym.**
- Use equipment as it is designed to be used. If you are unsure, please ask.
- A separate price applies for use of the trampoline deck. Athletes must be 9 years of age or older to use the deck. Athletes under the age of 9 can use the deck if they can safely perform a round off connected to two back handsprings

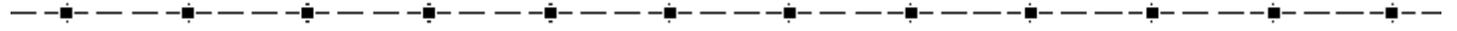
Two strike rule:

1. Warning to stop.

2. Removal from the facility.

If you have been removed twice, you are banned from the gym (ban length depends on the severity of the violation).

Participant Signature: _____ Date: _____



Name: _____

Email: _____ Please add me to your mailing list!

Phone: _____ Occupation: _____

Birthdate: _____ Age: _____

Important Medical Information: _____

Emergency Contact: _____ Phone: _____

How did you find out about us? _____

Note: We do not share your personal information with anyone. Your email address will be used to send updates about Open Gym (closings, extra days, etc).

Release Statement: Participation in acrobatic activities involves motion, rotation and height in a unique environment. This activity ("releases" herein) carries within a reasonable assumption of risk. Injuries can result from any sport activity. Although most gymnastics related injuries are minor, the potential for serious catastrophic injury and/or death does exist. It is important that all participants appreciate the risk involved, and obey all Gymsport instruction. I have read this release statement and understand that as with any sports activity, there is a reasonable risk when participating in acrobatic activities. I hereby release discharge, covenant not to sue and agree to indemnify and save hold harmless Gymsport LLC from all liability, claims, demands. Losses or damages on my account caused or alleged to have been caused in whole or in part by the negligence of the releases or otherwise.

Signature **Date**

Office Use Only:
ID Checked? (Y / N) Date Received: Staff Initials: